Community Resource Directory

Resource Guide

Generated: 11/28/2026, 2:13:45 AM

Applied Filters: Subcategory: mental-health-services

Total Resources: 24

Andrea Tanner, LPC, LMFT, LADC

Fulshear, TX

CONTACT INFORMATION

Phone: (580) 512-9862

Email: andreasvision15@gmail.com

Address: 30723 Hawthorn Glen Court, Fulshear, TX, 77441

SERVICES

- Counseling

DESCRIPTION

Child, individual, and family counseling offered.

Last Verified: 7/18/2026

Canadian County Children’s Justice Center

El Reno, OK

CONTACT INFORMATION

Phone: 4052620202

Website: https://childrensjusticecenterok.org/

Address: 7905 E. Highway 66, El Reno, OK, 73036

SERVICES

- Counseling
- Crisis Intervention
- Peer Support
- Residental Treatment
- Outpatient Treatment
- Support Group
- Parenting Support
- Family Counseling

DESCRIPTION

Provides free mental health and substance misuse counseling and assessment services for children. Adults involved in a court case in Canadian County or DHS, can receive mental health counseling, substance misuse groups/counseling, and assessment. Free drug testing for children residing in Canadian County, or adults with a referral from judge or DHS. Free residential SUD treatment for adolescents (Canadian County resident). Probation services for children exhibiting problematic behaviors, truancy, or criminal activity. Children wanting mentoring to learn trades for future employment use. Camp Hope for children/adolescents whom have experienced trauma/violence in their home/life. Community service opportunities for adolescents.

Last Verified: 8/14/2026

Cedar Ridge Behavioral Hospital

Oklahoma City, OK

CONTACT INFORMATION

Phone: 405-605-6111
Website: https://cedarridgebhs.com/
Application Link: https://cedarridgebhs.com/contact-us/
Address: 6501 NE 50th St., Oklahoma City, OK, 73141

SERVICES

- Counseling
- Psychiatric Services

DESCRIPTION

Children Programs
Adolescent Programs
LGBTQ Adolescent Program
Adult Programs
Older Adult Programs
Military Families Services
Telehealth

Last Verified: 8/8/2026

Central Oklahoma Community Mental Health Center

Norman, OK

CONTACT INFORMATION

Phone: 405-360-5100
Website: https://oklahoma.gov/odmhsas/about/odmhsas-facilities/cocmhc.html
Address: 909 Alameda St., Norman, OK, 73071

SERVICES

- Crisis Intervention
- Psychiatric Services
- Counseling
- Peer Support

DESCRIPTION

Central Oklahoma Community Mental Health Center (COCMHC) is a Certified Community Behavioral Health Clinic offering integrated, trauma-informed and culturally competent mental health, substance abuse and primary care services to children, youth, adults, and families. COCMHC staff are highly qualified mental health and substance use disorder treatment professionals. COCMHC therapists, case managers, nurses, peer specialists, psychiatrists, administrative and support staff partner with consumers in their path to recovery.

Last Verified: 3/24/2026

Chi Hullo Li

Talihina

CONTACT INFORMATION

Address: 13597 SE 202 Rd, Talihina, 74571

SERVICES

- Residental Treatment
- Counseling

DESCRIPTION

Chi Hullo Li, operated by the Choctaw Nation of Oklahoma in Talihina, provides long-term, culturally sensitive residential substance use and addiction treatment for Native American women age 18 and older, with or without children. The program supports women and their families through a holistic approach to recovery that incorporates cultural and spiritual identity, physical and emotional wellness, education, parenting, and family healing.

Residential treatment includes substance use recovery services, relapse prevention, individual and group counseling, family support, parenting education, life skills development, health education, and culturally based activities. The program is designed to provide a supportive residential environment where women can address substance use while strengthening their overall well-being, family relationships, and recovery skills.

Applicants must have a CDIB and meet the program's substance use disorder and admission requirements. Choctaw Nation tribal members may apply regardless of where they live. Members of other federally recognized tribes may also qualify but must reside within the Choctaw Nation service area. A telephone screening and admissions application are required, and court-related cases or referrals are considered individually.

Last Verified: 8/10/2026

Cliff & Associates

Lawton, OK

CONTACT INFORMATION

Phone: 580-695-8439
Email: info@cliffandassociates.com
Website: cliffandassociates.net
Address: 19 NE 20th St., Lawton, OK, 73505

SERVICES

- Counseling

ELIGIBILITY

Accepts most insurances except Medicare.

DESCRIPTION

Therapy services for individuals, couples, and families. Areas of focus are mental health, substance use, and grief/trauma. Specialized services such as anger management therapy and court-ordered sex offender classes are also available.

Last Verified: 7/18/2026

Comanche Nation Prevention & Recovery

Lawton, OK

Counties Served: Comanche, Caddo

CONTACT INFORMATION

Phone: (580) 357-3449
Website: https://www.comanchenation.com/health-wellness/page/prevention-and-recovery
Application Link: https://www.comanchenation.com/health-wellness/page/prevention-recovery-applications
Address: 807 SW F Ave., Lawton, OK, 73501

SERVICES

- Outpatient Treatment
- Residental Treatment
- Naloxone Distribution
- Counseling
- Peer Support
- Narcan (Naloxone) Distribution

DESCRIPTION

Comanche Nation Prevention and Recovery programs provide a wide-range of alcohol and substance abuse awareness, prevention, and treatment services for the local tribal community. The Reintegration Program provides all levels of case management for tribal members returning home from incarceration or long-term substance abuse treatment.

Prevention and Recovery youth programs include youth and young adult alcohol/substance abuse and suicide awareness, prevention, and outreach. P&R youth programming is designed to be culturally and educationally responsive.

Last Verified: 8/6/2026

Duncan Behavioral Health

Duncan, OK

CONTACT INFORMATION

Phone: 580-251-6644
Website: https://www.duncanregional.com/locations/behavioral-addiction-clinic/
Address: 2340 W Elk Ave Suite 8, Duncan, OK, 73533

SERVICES

- Counseling

DESCRIPTION

Plaza Clinic – Addiction & Behavioral Health is an outpatient mental health clinic serving a variety of patients over the age of 18. The clinic accepts a number of insurance carriers, including Medicare, Medicaid and Soonercare.
Please call for an appointment or for more information about the services provided.

Last Verified: 7/19/2026

Elkview General Hospital

Hobart, OK

CONTACT INFORMATION

Phone: 580-726-1900
Website: https://elkviewhospital.com/
Address: 429 W Elm St., Hobart, OK, 73651

SERVICES

- Primary Care

DESCRIPTION

Elkview General Hospital provides emergency and outpatient healthcare services in Hobart, Oklahoma, serving residents of Kiowa County and surrounding communities. Services include 24-hour emergency care, primary care, diagnostic imaging and radiology, laboratory services, physical therapy, respiratory therapy, general and orthopedic surgery, outpatient procedures, and specialty care. Elkview also provides CT scans, MRI, mammography, ultrasound, X-rays, and other diagnostic services. As a Rural Emergency Hospital, Elkview provides local emergency evaluation and stabilization and can coordinate ground or air ambulance transfer when patients need a higher level of care.

Last Verified: 8/9/2026

Griffin Memorial Hospital

Norman, OK

CONTACT INFORMATION

Phone: 405-321-4880
Website: https://oklahoma.gov/odmhsas/about/odmhsas-facilities/griffin-memorial-hospital.html
Address: 900 E Main St., Norman, OK, 73071

SERVICES

- Residental Treatment

DESCRIPTION

Griffin Memorial Hospital is a 120 bed acute psychiatric hospital serving persons age 18 and over with severe mental illness. GMH is a teaching hospital and offers a four-year training program for physicians preparing to be board-certified in psychiatry and neurology. The hospital is certified to provide services for Medicare and Medicaid beneficiaries, and is accredited by The Joint Commission and the Center for Improvement in Healthcare Quality. The hospital accepts third-party insurance payments. GMH has 350+ staff members dedicated to serving Oklahomans with inpatient and outpatient services.

Last Verified: 7/19/2026

H.A.L.T. Substance Use Educational Services, Inc.

Lawton, Ok

CONTACT INFORMATION

Phone: 580-678-6660
Email: Info@haltservices.org
Website: https://lawtonduiclasses.com/
Address: 1531 W. Gore Blvd. , Lawton, Ok, 73501

SERVICES

- Outpatient Treatment
- Counseling

DESCRIPTION

ADSAC (alcohol & drug assessments), state-certified 10- and 24- hour DUI school, counseling, and education, prevention, and recovery support for youth and families facing substance use and mental health challenges,

Last Verified: 3/25/2026

HINA‹ CHOKMA “GOOD ROAD” Chickasaw Nation Residents, Chickasaws At large

Ada, OK

CONTACT INFORMATION

Phone: (580) 332-6345
Website: https://www.chickasaw.net/Services/Health-Wellness/Hina%EA%9E%8C-Chokma-(Good-Road)
Application Link: https://chickasaw.workflowcloud.com/forms/296dfabe-990e-4a21-b7ca-9632b55c3c31
Address: 3115 East Arlington, Ada, OK, 74820

SERVICES

- Residental Treatment
- Counseling

DESCRIPTION

HINA‹ CHOKMA “Good Road,” a Chickasaw Nation program, provides culturally guided, trauma-informed residential substance use and addiction treatment for adult First American men. The program provides a supportive residential community that incorporates cultural connection and addresses spiritual, emotional, physical, and social wellness while helping participants work toward recovery from drug or alcohol addiction.

Each participant receives an assessment and individualized treatment plan. Services include individual, group, and family therapy; case management and navigation services; clinical and social withdrawal management; addiction education; relapse prevention; experiential therapy; nutrition and wellness education; tobacco cessation education; domestic violence prevention services; and educational support, including high school equivalency services upon request.

Good Road serves eligible First Americans age 18 and older who have a CDIB or citizenship in a federally recognized tribe and have a desire to become free from addiction. Medical or mental health assessments may be required as part of the admission process. The program serves eligible individuals within the Chickasaw Nation service area as well as Chickasaw citizens living outside the Chickasaw Nation’s boundaries.

Last Verified: 8/10/2026

Jack D. Norrell, LCSW

Lawton, OK

CONTACT INFORMATION

Phone: 580-536-3900
Website: https://www.jacknorrelllcsw.com/home
Application Link:
https://285fbc05-aa9f-4e48-a312-1ff1f163b831.filesusr.com/ugd/7c7a52_6703c824aff448cb95a69b629930bd43.pdf
Address: 814 SW D Ave., Suite A, Lawton, OK, 73505

Last Verified: 7/19/2026

Kiowa Alcohol Drug Addiction Prevention (KADAP)

Anadarko, OK

Counties Served: Caddo, Canadian, Grady, Comanche, Cotton, Custer, Tillman, Jackson, Washita, Kiowa

CONTACT INFORMATION

Phone: 405-648-0943
Email: KADAP@Kiowatribe.org
Website: https://www.kiowatribe.org/department/kiowa-alcohol-drug-addiction-prevention
Application Link: https://www.kiowatribe.org/sites/default/files/2025-08/KADAP%20APP.pdf
Address: 208 Hardee St West, Anadarko, OK, 73005

SERVICES

- Counseling
- Outpatient Treatment

ELIGIBILITY

No age limit; Must be an enrolled member of the Kiowa Tribe or other Federally Recognized Tribe; Must reside within the 10-county service area; Must have a substance abuse problem or know someone who needs help.

DESCRIPTION

Adult Outpatient services such as opioid and/or substance use disorder prevention and treatment and referrals to residential treatment programs. Hours: Monday - Friday, 8 AM - 4:30 PM

Last Verified: 7/19/2026

Lawton Indian Hospital

Lawton, OK

CONTACT INFORMATION

Phone: 580-354-5000
Website: www.ihs.gov
Address: 1515 NE Lawrie Tatum Rd., Lawton, OK, 73507

SERVICES

- Primary Care
- Medical Treatment
- Psychiatric Services
- Counseling

ELIGIBILITY

Must be an enrolled member of a federally recognized tribe

DESCRIPTION

Emergency Room and Inpatient Care Open 24/7
General health care department hours: Monday - Friday 8 AM - 5 PM and closed on federal holidays
Pharmacy Hours: Monday - Friday 7:30 AM - 6 PM, Saturday 8 AM - 5 PM, Sunday 1 PM - 5 PM

Last Verified: 3/30/2026

Marie Detty Youth & Family Services

Lawton, OK

Counties Served: Caddo, Cotton, Comanche

CONTACT INFORMATION

Phone: 580-250-1123
Website: marie-detty.org
Application Link: https://marie-detty.org/forms
Address: 317 SW C Ave, Lawton, OK, 73501

DESCRIPTION

Hours: Monday - Thursday 8:00 am - 5:00 pm
https://marie-detty.org/contact

Last Verified: 3/18/2026

Monarch, Inc.

Muskogee, OK

CONTACT INFORMATION

Phone: (918) 463-2581
Website: https://www.monarchok.org
Application Link: https://www.monarchok.org/request-services
Address: 2400 W Broadway, Muskogee, OK, 74401

SERVICES

- Residental Treatment
- Outpatient Treatment
- Counseling

DESCRIPTION

MONARCH, Inc. provides substance use disorder treatment, addiction recovery services, and behavioral health care in Muskogee, Oklahoma. Services include residential drug and alcohol treatment for adults, outpatient mental health and substance use counseling, individual and group counseling, family counseling, case management, relapse prevention, recovery skills, parenting support, and life skills education. MONARCH offers specialized residential programs for men and women, including support for women who are pregnant or have dependent children. Treatment is individualized and designed to support people affected by drug or alcohol addiction, mental health concerns, or co-occurring substance use and mental health needs.

Last Verified: 8/9/2026

Palmer's Tulsa Outpatient Treatment Program

Tulsa, OK

CONTACT INFORMATION

Phone: 918-832-7763
Website: https://palmer-tulsa.org/
Application Link: https://palmer-tulsa.org/appointment-form/
Address: 222 West 8th Street, Tulsa, OK, 74119

SERVICES

- Outpatient Treatment
- Youth Programming
- Counseling
- Parenting Support
- Parenting Classes
- Family Counseling

ELIGIBILITY

You should plan to bring these items on your first visit: Medicaid card if applicable Valid photo ID (except children) Social Security card Insurance Card (if applicable)

DESCRIPTION

Palmer Addiction Recovery Services delivers trauma-informed substance use treatment and prevention for underserved individuals and families.
• Outpatient Services: Outpatient substance abuse treatment for children and adolescents ages 7-17 and adults ages 18 and older. Individual, group, and family counseling services are offered.
• Youth Prevention & Intervention: We provide services to 6th–12th grade students in high-need school communities across major local school districts, including: Tulsa, Broken Arrow, Jenks, and Union. Many of the youth we serve come from families experiencing economic hardship, homelessness, and unmet mental health needs. All student services are provided at no cost, ensuring access regardless of a family's financial circumstances. School referrals accepted. Referral forms can be found on the website.

Palmer operates under an open-door policy, ensuring that any child or adolescent seeking treatment is served regardless of a family's ability to pay.

Last Verified: 4/7/2026

Palmer's Tulsa Women and Children's Center

Tulsa, OK

CONTACT INFORMATION

Phone: 918-430-0975
Website: https://palmer-tulsa.org/
Application Link: https://palmer-tulsa.org/appointment-form/
Address: 2442 N Mohawk Blvd, Tulsa, OK, 74110

SERVICES

- Residental Treatment
- Counseling
- Parenting Support
- Parenting Classes
- Personal Care Items

ELIGIBILITY

You should plan to bring these items on your first visit: Medicaid card if applicable Valid photo ID (except children) Social Security card Insurance Card (if applicable)

DESCRIPTION

Palmer Addiction Recovery Services delivers trauma-informed substance use treatment and prevention for underserved individuals and families.
• Women & Children’s Residential: Palmer’s unique residential program, the Tulsa Women and Children’s Center (TWCC), allows mothers experiencing homelessness or housing instability to bring their children with them during treatment. They provide substance abuse treatment services for pregnant or parenting women ages 18 and older. Residents can bring their children, 12 and under, to TWCC while an in-house Children’s Program provides specialized care for their infants, toddlers, pre-schoolers and school-age children. A certificate is provided upon completion.

Crisis and referral services are available to all, regardless of health care coverage.

Last Verified: 4/7/2026

Red Rock Behavioral Health Services

Oklahoma City, OK

CONTACT INFORMATION

Phone: (405) 424-7711
Address: 4400 N. Lincoln Blvd., Oklahoma City, OK, 73105

SERVICES

- Naloxone Distribution

DESCRIPTION

Red Rock Behavioral Health Services, Inc., is one of the largest Community Mental Health Centers (CMHC) in Oklahoma and one of the first Certified Community Behavioral Health Clinics (CCBHC). We provide a comprehensive array of services for all ages, including psychiatric services, military services, individual and group therapy, family therapy, traditional outpatient services, HIV testing and prevention education, crisis intervention, crisis stabilization services, court-related services, MAT services, case management, and more.

Last Verified: 8/6/2026

Transitions Treatment Services

CONTACT INFORMATION

Phone: 580-565-6257
Website: transitionstreatment.org

SERVICES

- Medication-Assisted Treatment (MAT)
- Counseling

DESCRIPTION

The Transitions Treatment Services Outpatient Substance Abuse program includes medication treatment for opioid use disorder, along with counseling, case management, peer support, education, and nursing support.
Clinic Hours: Monday - Friday, 5:30 AM - 2 PM and Saturdays, 6:30 AM - 9 AM
Dosing Hours: Monday - Friday, 5:30 AM - 12:00 PM

Last Verified: 3/31/2026

Tunnel Vision Recovery

Lawton, OK

CONTACT INFORMATION

Phone: 949-520-6982
Email: info@tunnelvisionrecovery.com
Website: https://tunnelvisionrecovery.com/
Address: 1320 NW Homestead Dr Suite G, Lawton, OK, 73505

SERVICES

- Counseling
- Outpatient Treatment
- Peer Support

DESCRIPTION

Tunnel Vision Recovery provides high-quality outpatient addiction treatment designed to help individuals build a strong, sustainable foundation in recovery. Tunnel Vision Recovery offers Partial Hospitalization Programs (PHP), Intensive Outpatient Programs (IOP), and Outpatient Programs (OP) at varying degrees of flexibility, so that individuals can recovery in a structured program while reintegrating back into society and afterwards.

Last Verified: 4/7/2026

Wichita & Affiliated Tribes Behavioral Health Programs

Anadarko, OK

Counties Served: Caddo, Comanche, Grady, Harmon, Jackson, Jefferson, Kiowa, Tillman, Cotton, Stephens

CONTACT INFORMATION

Phone: 405-247-2425
Website: https://wichitatribe.com/samhsa/
Address: 301 W Broadway St, Anadarko, OK, 73005

SERVICES

- Counseling
- Naloxone Distribution
- Narcan (Naloxone) Distribution
- Peer Support

Last Verified: 8/6/2026

Women’s and Children’s Recovery Center

CONTACT INFORMATION

Phone: (580) 235-0554
Website: https://www.chickasaw.net/Services/Health-Wellness/Nittak-Himitta%EA%9E%8C-(A-New-Day)
Application Link: https://chickasaw.workflowcloud.com/forms/0da357e3-00a9-4f11-bed2-bec007a6bf67

ELIGIBILITY

18 years of age or older

DESCRIPTION

This program is a culturally guided, trauma-informed residential treatment program for First American women, including pregnant women and women with children ages 12 and younger. Integrated treatment services promote spiritual, emotional, physical and social wellness as part of a healthy community.
Have a CDIB or tribal citizenship from a federally-recognized First American tribe
Completion of medical assessment including the purified protein derivative (PPD) test or chest X-ray (as needed)
No smoking

Last Verified: 3/30/2026